

# Family & Consumer Sciences Curriculum Crosswalk

Course: NUTRITION AND FOODS

Subject Matter Expert (SME)

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**The student will:**

Present Tense/ Action Verb	Adjective	Object (limit to one object)	Method of Evaluation/Assessment	Common Core State Standard	<a href="#">National Standard</a>
<b>1.0 Evaluate Factors Affecting Individual and Family Food Choices</b>					9.0
Analyze	food choice	factors	Do presentation on factors effecting food and nutrition choices	SL.11-12.1 SL.11-12.4 WHST.11-12.2 WHST.11-12.7 WHST.11-12.8	
Explore	culture on food customs	effects	Research the effects of culture and region on food customs	RST.11-12.2 RST.11-12.4 RST.11-12.7 WHST.11-12.7	
Evaluate	life cycle food choices	effects	Evaluate each family member's dietary needs	WHST.11-12.7 WHST.11-12.8	
<b>2.0 Analyze Nutrition, Health, and Wellness Practices</b>					1.0, 9.0
Examine	nutrition health	benefits	Have students report on the relationship between eating breakfast and school performance	SL.11-12.1 RST.11-12.2	
Evaluate	nutrient	needs	Do a presentation about key nutrients	SL.11-12.1 SL.11-12.4 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	

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Analyze	nutrition, activity and weight	relationship	Report on role of nutrition and a healthy weight for life	SL.11-12.1 RST.11-12.2	
Analyze	nutrition practices	concerns	Present the various fad diets and weight control plans available today	SL.11-12.1 SL.11-12.4 RST.11-12.2 RST.11-12.4 WHST.11-12.2	
Design	daily food intake	plan	Record dietary intakes and compare personal eating habits	WHST.11-12.2 WHST.11-12.4 WHST.11-12.7 WHST.11-12.8	
Explore	food-related industry	occupations	Have students develop a career pathway within the nutrition and food industry	RST.11-12.1 RST.11-12.2 RST.11-12.4 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	
Evaluate	food and nutrition occupation	qualifications	Present job qualifications needed by workers within the field of food and nutrition	SL.11-12.4 SL.11-12.5 RST.11-12.1 RST.11-12.2 RST.11-12.4 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	

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<b>3.0 Employ Food Safety and Sanitation Procedures</b>					1.0, 9.0
Utilize	equipment and workspace	laboratory	Prepare presentation on how to utilize small appliances in the lab setting	SL.11-12.4 SL.11-12.6 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	
Practice	safety	techniques	Have students role play the proper safety techniques in a lab	SL.11-12.1	
Explore	food-related industry	occupations	Have students develop a career pathway within the nutrition and food industry	RST.11-12.1 RST.11-12.2 RST.11-12.4 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	
<b>4.0 Demonstrate the Management of Food for Individuals and Families</b>					1.0, 9.0
Examine	food purchasing	techniques	Visit a local store and examine the use of technology in grocery shopping	SL.11-12.1 RST.11-12.2 RST.11-12.4	
Evaluate	food production and consumption	safety	Have students observe how local fast food restaurants handle food	SL.11-12.1 RST.11-12.2 RST.11-12.4	

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Demonstrate	meal management	skills	Prepare a one-week meal plan for a family of four	WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	
Demonstrate	meal planning	techniques	Using the computer, research a month's worth of meals for a diabetic	RST.11-12.2 RST.11-12.8 WHST.11-12.2 WHST.11-12.6	
Demonstrate	mealtime environment	skills	Have student role play proper table etiquette	SL.11-12.1	
Evaluate	food and nutrition occupation	qualifications	Present job qualifications needed by workers within the field of food and nutrition	SL.11-12.4 SL.11-12.5 RST.11-12.1 RST.11-12.2 RST.11-12.4 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	
Explore	food-related industry	occupations	Have students develop a career pathway within the nutrition and food industry	RST.11-12.1 RST.11-12.2 RST.11-12.4 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	

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<b>5.0 Employ Food Laboratory Management Techniques</b>					9.0
Demonstrate	food preparation	skills	Have students demonstrate how to properly measure liquid, dry and solid ingredients	SL.11-12.1 N-Q.1	
Explain	selection, use, and care of	equipment	Have students complete a scavenger hunt using equipment manuals that outline use and care tips.	SL.11-12.1 RST.11-12.1 RST.11-12.2 WHST.11-12.2	
<b>6.0 Demonstrate the Preparation of Nutritious Food for Today's Individuals and Families</b>					1.0, 9.0
Prepare	vegetables	meals	Prepare a vegetable dish	SL.11-12.1 RST.11-12.2 WHST.11-12.2	
Prepare	fruit	meal	Prepare a fruit dish	SL.11-12.1 RST.11-12.2 WHST.11-12.2	
Prepare	dairy group	meal	Prepare a dish incorporating food from the dairy group	SL.11-12.1 RST.11-12.2 WHST.11-12.2	
Prepare	protein	meal	Prepare a recipe incorporating protein	SL.11-12.1 RST.11-12.2 WHST.11-12.2	
Prepare	grain	meal	Develop a menu that uses various methods of preparing breads, cereals, rice and pasta	WHST.11-12.2 WHST.11-12.4	